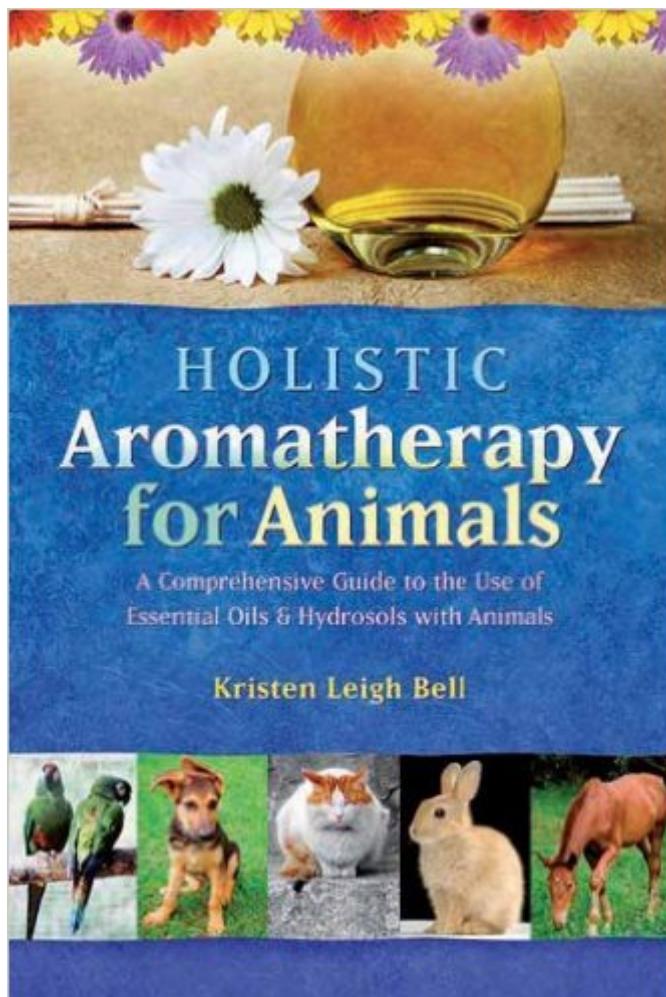


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# Holistic Aromatherapy For Animals: A Comprehensive Guide To The Use Of Essential Oils & Hydrosols With Animals



## **Synopsis**

It is only in recent years that aromatherapy, or essential oil therapy, has gained substantial acceptance; this is primarily due to French veterinarians who have begun using essential oils and hydrosols in their practices. Laypeople, of course, have been enjoying great success treating animals with the very same substances for many years; for it is not just the medical professionals who can safely and effectively administer these aromatic oils. Anyone enabled with quality essential oils or hydrosols and adequate knowledge can use a plant's most concentrated and energetic byproducts to improve the health of their animals, and treat and prevent various illnesses and common ailments. Aromatherapy is actually a science that has a much larger archive of supported scientific data than most other holistic care methods. However, most of these studies were originally published in French or German. Aromatherapy was the first natural, holistic therapy the author began using, and she relies on it as my primary form of healthcare to treat and balance all sorts of minor ailments and discomforts in the lives of her family and their pets. She has rarely needed to use any other sort of remedy to achieve the desired result. These powerful substances are the most fascinating, sensual and complex of all natural therapies -- a combination that proves to be so enthralling it eventually develops into a grand passion for many.

## **Book Information**

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## **Customer Reviews**

My career in essential oils began quite by accident. I had started to use oils for my (human) children, and thankfully had "fell into" what I feel to be high quality oils - right out of the starting

gates. Essential oils are incredibly controversial in the animal world, and as a holistic vet - I had encountered many people wanting to use them more and more. At first, I was incredibly cautious to use them around my household of over 13 very special cats. After reading Kristin Leigh Bell's book - I would have run the other way - and did, recommending that my clients did not use essential oils at all. Better safe than sorry... was my mantra. However, as my education in human aromatherapy progressed - and as soon as people find out you are a vet - many, many Essential Oil users would tell me of their stories of using oils for their animals. And these were success stories, not stories of toxicity. I began to question why this set of people were not "killing their cats", but everyone else was. I have a bit of an obsession with research and learning, so started to talk with other vets, research cases of toxicity reports, and of course watch my own cats' responses to our human aromatherapy usage (including checking their bloodwork and urine very often!) What I have found and actually documented with case studies and blood work - is that it is the QUALITY of the essential oil that matters most in the reports of toxicity. Yes, you can "detoxify" a patient more than what they feel comfortable with - but that can happen with many natural products. Even switching a pet to a new food must be done slowly - and "healing crisis" can be seen with homeopathy... As with any item - anything can be done in excess.

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